## I claim:

- 1. A dental appliance worn in a mouth of a user having one or more types of teeth, the dental appliance comprising:
- a generally U-shaped base having a flat occlusal surface wherein the occlusal surface contacts the teeth;
- a first wall extending from the flat surface wherein the first wall defines an interior surface;

a second wall extending from the flat surface wherein the second wall defines an exterior surface and wherein the first wall and the second wall define a width of the occlusal surface wherein the width increases from a first portion of the base which contacts a front of the mouth to a second portion which extends further rearward in the mouth.

- 2. The dental appliance of Claim 1 wherein the first portion contacts an incisor type of tooth.
- 3. The dental appliance of Claim 1 wherein the second portion contacts a canine type of tooth.
- 4. The dental appliance of Claim 1 further comprising:

lingual tabs formed within the interior surface wherein the lingual tabs extend rearward into the mouth of the user.

- 5. The dental appliance of Claim 1 wherein the base is constructed from a moisture-absorbent material.
- 6. The dental appliance of Claim 1 wherein the base is constructed from a first material and a second material wherein the first material is softer than the second material.
- 7. The dental appliance of Claim 1 further comprising: suction cups formed with the base.

8. A dental appliance worn in a mouth of a user having one or more types of teeth wherein one of the types of teeth is canine teeth, the dental appliance comprising:

a generally U-shaped base having an occlusal surface which contacts the teeth when the base is worn; and

wedges formed within the occlusal surface wherein each of the wedges form an apex which extends toward a canine tooth and contacts the canine tooth to move the canine tooth to prevent malocclusion within the mouth.

- 9. The dental appliance of Claim 8 further comprising:
- a second base attached to the U-shaped base wherein the second base has an occlusal surface.
- 10. The dental appliance of Claim 8 further comprising:

one or more sockets wherein the sockets are shaped to receive a second type of teeth wherein the type is not canine teeth.

- 11. The dental appliance of Claim 8 wherein the base is thicker in an area which contacts a first type of teeth than a second area that contacts a second type of teeth.
- 12. The dental appliance of Claim 8 further comprising: a wire embedded within the base.
- 13. The dental appliance of Claim 8 wherein the base is sized to contact only one tooth.
- 14. A dental appliance worn in a mouth of a user having teeth, the dental appliance comprising:
  - a generally U-shaped base; sockets within the base; and
- a suction cup extending from the base wherein the suction cup has a concave surface which contacts the mouth and adheres to the mouth to prevent movement of the base when the base is worn in the mouth.
- 15. The dental appliance of Claim 14 wherein the suction cup is removably attached to the base.

- 16. The dental appliance of Claim 14 wherein the sockets are preformed.
- 17. The dental appliance of Claim 14 wherein the sockets are customized.
- 18. The dental appliance of Claim 14 further comprising: wedges formed on the base wherein the wedges contact the teeth of the user.
- 19. The dental appliance of Claim 14 wherein the sockets are flat.
- 20. The dental appliance of Claim 14 further comprising:
   a liner on the base wherein the liner has a surface
  which contacts the mouth to prevent the base from moving
  within the mouth.